

БИОЛОГИЯ. МЕДИЦИНА. ГЕОГРАФИЯ сериясы № 2(78)/2015 Серия БИОЛОГИЯ. МЕДИЦИНА. ГЕОГРАФИЯ

ҚАРАҒАНДЫ УНИВЕРСИТЕТІНІҢ **ХАБАРШЫСЫ**

ВЕСТНИК КАРАГАНДИНСКОГО УНИВЕРСИТЕТА



ISSN 0142-0843

қарағанды университетінің **ХАБАРШЫСЫ ВЕСТНИК**

КАРАГАНДИНСКОГО УНИВЕРСИТЕТА ISSN 0142-0843

БИОЛОГИЯ. МЕДИЦИНА. ГЕОГРАФИЯ сериясы 2 ДИАБЕТТІК шығарылым

№ 2(78)/2015

Серия БИОЛОГИЯ. МЕДИЦИНА. ГЕОГРАФИЯ ДИАБЕТИЧЕСКИЙ выпуск 2

Сәуір-мамыр-маусым 30 маусым 2015 ж.

1996 жылдан бастап шығады Жылына 4 рет шығады

> Апрель-май-июнь 30 июня 2015 г.

Издается с 1996 года Выходит 4 раза в год

Собственник

РГП

Карагандинский государственный университет имени академика Е.А.Букетова

Бас редакторы — Главный редактор

Е.К.КУБЕЕВ, академик МАН ВШ, д-р юрид. наук, профессор

Зам. главного редактора Ответственный секретарь

Х.Б.Омаров, д-р техн. наук Г.Ю.Аманбаева, д-р филол. наук

Серияның редакция алқасы — Редакционная коллегия серии

М.А.Мукашева, Р.Г.Оганесян, Д.В.Суржиков, К.-Д.Конерт, М.Р.Хантурин, М.С.Панин, Ш.М.Надиров, Г.Г.Мейрамов, А.Е.Конкабаева, редактор д-р биол. наук; д-р PhD по биотехнол. (США); д-р биол. наук (Россия); д-р биол. наук (ФРГ); д-р биол. наук; д-р биол. наук; д-р геогр. наук;

д-р мед. наук; д-р мед. наук;

Г.О.Жузбаева, ответственный секретарь канд. биол. наук

Адрес редакции: 100028, г. Караганда, ул. Университетская, 28 Тел.: (7212) 77-03-69 (внутр. 1026); факс: (7212) 77-03-84.

E-mail: vestnick_kargu@ksu.kz. Сайт: vestnik.ksu.kz

Редактор *И.Д.Рожнова* Редакторы *Ж.Т.Нұрмұханова* Техн. редактор *В.В.Бутяйкин*

Издательство Карагандинского государственного университета им. Е.А.Букетова 100012, г. Караганда, ул. Гоголя, 38, тел.: (7212) 51-38-20 e-mail: izd kargu@mail.ru

Басуға 29.06.2015 ж. қол қойылды. Пішімі 60×84 1/8. Офсеттік қағазы. Көлемі 10,25 б.т. Таралымы 300 дана. Бағасы келісім бойынша. Тапсырыс № 238.

Подписано в печать 29.06.2015 г. Формат 60×84 1/8. Бумага офсетная. Объем 10,25 п.л. Тираж 300 экз. Цена договорная. Заказ № 238.

Отпечатано в типографии издательства КарГУ им. Е.А.Букетова

© Карагандинский государственный университет, 2015
Зарегистрирован Министерством культуры и информации Республики Казахстан.
Регистрационное свидетельство № 13106—Ж от 23.10.2012 г.

BULLETIN

OF THE KARAGANDA UNIVERSITY

ISSN 0142-0843

BIOLOGY. MEDICINE. GEOGRAPHY Series

№ 2(78)/2015

DIABETES Issue 2

April–May–June June, 30, 2015 Founded in 1996. 4 issues for year

Proprietary

RSE Academician Ye.A.Buketov Karaganda State University

Main Editor

Ye.K.KUBEEV, Academician of Int. Informatisation Academy, Doctor of Law

Deputy main Editor Secretary Prof. K.B.Omarov Prof. G.Yu.Amanbaeva

Editorial board

M.A.Mukasheva,

MD;

P.G.Oganesyan,

PhD (USA);

D.V.Surjikov,

Doctor of Biology (Russia);

K.-D.Kohnert,

MD (Germany);

M.R.Hanturin, M.S.Panin, Doctor of Biology; Doctor of Biology;

Sh.M.Nadirov,

Doctor of Geography; MD, Editor of issue;

G.G.Meyramov, A.E.Konkabaeva,

MD;

G.O.Zhusbaeva,

PhD, secretary

Postal address: 28, University Str., 100028, Karaganda, Kazakhstan Tel.: (7212) 77-03-69 (add. 1026); fax: (7212) 77-03-84.

E-mail: vestnick kargu@ksu.kz. Web-site: vestnik.ksu.kz

Kazakh language Editor
Zh.T.Nurmukhanova
Russian language Editor
I.D.Rozhnova
Technical Editor
V.V.Butyaikin

Publishing House of Academician Ye.A.Buketov Karaganda State University 38, Gogol Str., 100012, Karaganda, tel.: (7212) 51-38-20 e-mail: izd kargu@mail.ru

Signed in print 29.06.2015 y.
Format 60×84 1/8.
Offset paper.
Volume 10,25 p.sh.
Circulation 300 copies.
Price upon request. Order № 238.

Printed in the Publishing House of Academician Ye.A.Buketov Karaganda State University

мазмұны	CONTENTS					
Алғысөз		PrefaceBIOLOGY				
Фогт Р., Конерт КД., Аугштайн П., Хайн- ке П., Раков С., Мейрамов Г.Ғ., Фогт Л., Заль- цидер Е. Диабетті күнделікті емдеу үрдісін- дегі қанның глюкоза деңгейін бағалау	16	Vogt R., Kohnert KD., Augstein P., Heinke P., Rackow C., Meyramov G.G., Vogt L., Salzsieder E. Assessment of glucose profiles in routine diabetes care				
Мейрамов F.F., Конерт КД., Тыкежанова Г.М., Қыстаубаева З.Т., Қиқымбаева А.А., Айтқұлов А.М., Дюпонт О.Н., Ларюшина Е.М., Әбдірайымова-Мейрамова А.Ғ., Абдулина Г.А., Ахметова С.В., Шайбек А.Ж., Коваленко О.Л. В-цитотоксикалық заттар әсерінен ұйқы безінің эндокринді ұлпа жағдайын гистохимиялық және иммуногистохимиялық зерттеу	21	Meyramov G.G., Kohnert KD., Tykezhanova G.M., Kystaubaeva Z.T., Kikimbaeva A.A., Aitkulov A.M., Dupont ON., Laryushina Ye.M., Abdraimova-Meyramova A.G., Abdulina G.A., Akhmetova S.B., Shaybek A.S., Kovalenko O.L. Histochemical and immunocytochemical investigation of endocrine tissue of pancreas after administration of B-cytotoxic chemicals				
ва Г.Т., Миндубаева Ф.А., Жүзбаева Г.Ө., Шайбек А.Ж., Жұмағалиева Ж.Ж., Тыржанова С.С., Жұмашева К.А., Қайбоғарова А. Диабетогенді мырыш байланыстырушы қосылыстармен туындайтын панкреатит В-жасушаларының бұзылуын болдырмауда 2,3-димеркаптопропанолдың қабілеті туралы	30	va G.T., Mindubaeva F.A., Zhuzbaeva G.O., Shaybek A.S., Zhumagalieva Z.Z., Tyrzhanova S.S., Zhumasheva K.A., Kaibogarova A. On the protective effect of 2,3-dimercaptopropanol for destructive action of zincbinding chemicals on pancreatic B-cells				
МЕДИЦИНА		MEDICINE				
Хлуп Р. Чех Республикасы Оломоуц к. Университетінің Медицина факультетінің клиникасында (1971–2014) диабет ауруына шалдықтан науқастар терапиясының клиникалық зерттеулер нәтижесі	34	Chlup R. Outcomes of clinical diabetes research at the Teaching Hospital and Faculty of Medicine, Palacký University Olomouc (1971–2014)				
Қиқымбаева А.А., Қыстаубаева З.Т., Тыкежанова Г.М., Быстревская Л.К., Әбдірайымова-Мейрамова А.Ғ., Ларюшина Е.М., Жәутікова С.В., Бесков В.Н., Жүзбаева Г.Ө., Алина А.Р., Тыржанова С.С., Тұрлыбекова Г.Қ. Zn ⁺² иондарын бездерде флюоресцентті анықтаудың гистохимиялық әдісі	51	Kikimbaeva A.A., Kystaubaeva Z.T., Tykezhanova G.M., Bystrevska L.K., Abdraimova-Meyramova A.G., Laryushina Ye.M., Zhautikova S.B., Beskov V.N., Zhuzbaeva G.O., Alina A.R., Turzhanova S.S., Turlibekova G.K. Histochemical method for fluorescent staining of Zn ⁺² -ions in glands				
Алина А.Р., Тұрғынова Л.Г., Ларюшина Е.М., Васильева Н.В., Әмірханова Д.Т. Диабеттің 2-түрінде метилентетрагидрофолатредуктаза гені полиморфизмінің гомоцистеин деңгейімен өзара байланысы	56	Alina A.R., Turgunova L.G., Laryushina Ye.M., Vasilyeva N.V., Amirkhanova D.T. Interrelations between polymorphism of a gene of a methylenetetrahydrofolatreductase with level of Homocystein in patients with 2 type of diabetes				

Тұрмұхамбетова А.А., Тұрғынова Л.Г., Әмір-ханова Д.Т., Ларюшина Е.М., Алина А.Р., Жақыпова А.Е. Қарағанды облысының респонденттерінде диабеттің даму қауіпі факторларын бағалау	64	Turmuchambetova A.A., Turgunova L.G., Amir- chanova D.T., Laryushina E.M., Alina A.R., Zhakupova A.E. Assessment of risk factors of development of diabetes in respondents of the Karaganda region	64	
Нажмутдинова Д.К., Кудратова Н.А. Диабеттің 2-түрін емдеуде инсулин баламаларын колдану: кардиопротекцияға назар аудару	70	Najmutdinova D.K., Kudratova N.A. The application of insulin analogues in the treatment of type 2 diabetes mellitus: the focus on the cardio protection	70	
Тұрмұхамбетова А.А., Тұрғынова Л.Г., Ларюшина Е.М., Әмірханова Д.Т., Алина А.Р., Қойчубеков Б.К., Жақыпова А.Е. Диабеттің 2-түрімен ауратын науқастарда созылмалы пиелонефритте бүйрек қан ағысының көрсеткіштерін бағалау		Turmuchambetova A.A., Turgunova L.G., Laryushina Ye.M., Amirkhanova D.T., Alina A.R., Koichubekov B.K., Zhakupova A.E. Assessment of indicators of a kidney blood-groove at chronic pyelonephritis at patients with diabetes 2 types		
АВТОРЛАР ТУРАЛЫ МӘЛІМЕТТЕР	81	ABOUT THE AUTHORS	81	

1st Conference on the Pathogenesis and Epidemiology of Diabetes May 25–26, 2015, Karaganda, Kazakhstan

Diabetes Research Group, Research Park of Biotechnology and Ecomonitoring of the Karaganda State University

G.G.Meyramov^{1, 2}, K.-D.Kohnert^{1, 3}, L.Vogt^{3, 4}, Z.T.Kystaubaeva², G.M.Tykezhanova², G.T.Tusupbekova⁴, F.A.Mindubaeva⁵, G.O.Zhuzbaeva², A.S.Shaybek², Z.Z.Zhumagalieva², S.S.Tyrzhanova², K.A.Zhumasheva², A.Kaibogarova⁵

¹Diabetes Research Group, Karaganda; ²Karaganda State University; ³Institute of Diabetes «Gerhardt Katsch», Karlsburg, Germany; ⁴Diabetes Service Centre, Karlsburg, Germany; ⁴Pavlodar Innovative University; ⁵Karaganda State Medical University (E-mail: meyramow@mail.ru)

On the protective effect of 2,3-dimercaptopropanol for destructive action of zincbinding chemicals on pancreatic B-cells

2,3-Dimercaptopropanol is a substance able to re-activate sulfhydryl groups of enzymes and has the property to form temporary complexes with metals, including zinc. It is also known that certain amino acids, particularly cysteine and glutathione also contain in its composition mole coli SH-groups. Administration of these amino acids in to animals result prevention developing of experimental diabetes caused zinkbinding diabetogenic chemicals. It is confirmed that this effect is determined by their ability to form non-toxic temporary complexes with zinc in B-cells of pancreatic islets that protect cells of the destruction caused by diabetogenic chelating agents. The authors have shown that 2,3-dimercaptopropanol at doses of 60 and 120 mg/kg is able to prevent the development of diabetes in almost all experimental animals. Authors found that this ability 2,3-dimercaptopropanol is explained by its property through SH-groups included in its composition, to form non-toxic complexes with zinc in pancreatic cells that protect cells of death.

Key words: B-cells, SH-groups, experimental diabetes, zinc, 2,3-dimercaptopropanol.

2,3-Dimercaptopropanol (DMP) is known as re-activator of SH-group of enzymes and possess ability to form stable complexes with metals. However it is known that some aminoacids contains SH-groups in molecule as Cystein and Glutathuone reduced form protect developing of diabetes caused by chelat active chemicals. This effect determined by high affinity of SH-group for zinc and cadmium [1]. 2,3-Dimercaptopropanol is able in added to destroy other complexes, previously formed with zinc by chelators, that accompanied by re-placing atom of chelator from complex [2] and formation of complex DMT-metal via SH-group.

Aim of work: to investigate state of histostructure of pancreatic islets and possible interaction of Zn⁺²-ions in B-cells with DMP and Dithizon, a diabetogenic chelator.

Material and methods

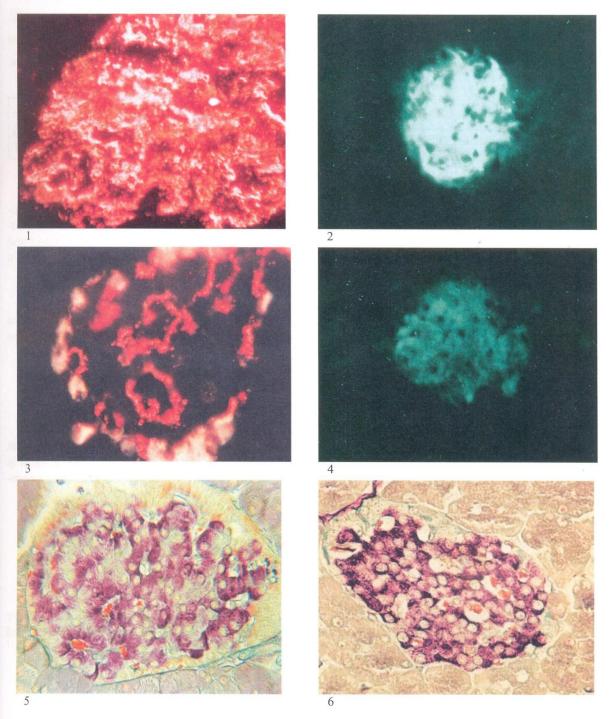
Animals: 10 rabbits 2,200–2,650 g were used. Group 1: control intact animals: A-injection of Dithizon, 48,9 mg/kg; B-intact rabbit; Group 2: injection of DMP («SIGMA») in doses 60 and 120 mg/kg to 8 animals; 30 min later water solution of Dithizon 46,6–49,7 mg/kg was injected to 6 animals; animals killed 10 min past injection of DZ. Group 3: injection of DMP, 60 and 120 mg/kg to 2 animals; animals killed 10 min past injection. Group 4: injection of DMP, 60 and 120 mg/kg to 2 animals; 30 min later injection of Dithizon 48 mg/kg; animals killed 5 days past injection of DZ.

Frozen sections of pancreas were investigated using dark microscopy for revealing of DZ-Zn⁺²-complex in B-cells. The high specific fluorescent method revealing of free Zn⁺²-ions in B-cells by fluorochrom 8-para(toluenesulphonylamino)quinolin [8PTSQ] was used [3, 4]. 3 animals were killed 5 days past injections of DMP and DZ. Pancreas was fixed in alcohol $70^{\circ} + H_2S$. Staining of sections by aldehyde-fucshine [5–7] and 8PTSQ.

Results

Group 1. Control intact animals section o pancreas. 20 frozen sections of pancreas tissue were investigated using dark microscopy. Cytoplasm of all investigated islets contain a large amount of red chelat complex Zn⁺²-Dithizon [1] which concentrated on the all surface of cytoplasm, maximally around blood islet's capillaries (fig. 1.1). Reaction for Zn⁺²-ions: intensive fluorescence of B-cells (fig. 1.2). Group 2. Administration of 2,3-dimercaptopropropanol and of Dithizon result prevention of formation in majority of B-cells of Zn⁺²-Dithizon complex which is partially formed in cells located around blood capillaries (fig. 1.3). Pro-

tective effect determined by not diabetogenic binding of Zn⁺²-ions by DMT. It is known that DMT possess high affinity for Zn⁺²-ions.



- 1 Intact rabbit. Injection of Dithizon, 48,9 mg/kg; dark microscopy; red granules of complex zinc-DZ in B-cells; [×280]
- 2 Intact rabbit. Positive fluorescent reaction for Zn in B-cells: intensive green fluorescence of Zn in cytoplasm of B-cells; [×140]
- 3 Injection of DMP 60 mg/kg + DZ; dark microscopy; only B-cells contacted with capillaries contain complex zinc-DZ; [×280]
- 4 Injection of DMP 60 mg/kg + DZ; negative fluorescent reaction for Zn in B-cells: only a few cells contain a small amount of Zn; [×140]
- 5 Dithizon, 48 mg/kg. Aldehyde-fucshine staining; destruction of B-cells; degranulation, decreasing of insulin content in B-cells; [×280]
- 6 Injection of DMP + DZ; Aldehyde-fucshine staining; histostructure of islets and insulin content in B-cells without changes; [×280]

Figure 1. Pancreas tissue

Group 3. Investigation of free Zn^{+2} -ions content in B-cells past injection of DMT showed a negative reaction for Zn^{+2} in islets (fig. 1.4). A few B-cells contains minimal amount of Zn^{+2} in cytoplasm. This result determined by forming by DMT of not visible Zn^{+2} -DMT complex.

Group 4. Investigation of effect of DMT on diabetogenic property of Dithizon showed that administration of it accompanied by absence of any histological changes in pancreatic islets (fig. 1.5; 1.6).

Results of investigation of blood glucose level

Table

N₂ Condition	a 111	Blood Glucose (mmol/l), day				
	Conditions	Before	1	3	6	7
1	Dithizon, 46,8–48 mg/kg 2 animals	5,1±0,3	3,0±0,4	9,6±1,2	12,6±2,2°	16,2±2,6*
1	DMT, 102–110 mg/kg + Dithizon, 48,8 mg/kg, 4 animals	4,9±0,4	5,2±0,4	5,6±0,5	5,8±0,7°	5,4±0,6*

Note. * —
$$p < 0.001$$
; • — $p < 0.005$; \blacksquare — $p < 0.01$.

Results of investigation of blood glucose level (table 1) demonstrated that injection of Dithizon accompanied by marked decreasing of blood glucose level that is determined by release of a large amount of insulin as result of destruction within short time of majority B-cells. In other animals, past injections of DMT and followed past 1, 2 and 3 h injections of diabetogenic doses of Dithizon not accompanied by hyperglycemia in animals. We observed only not reliable increasing of blood glucose level until 5,6–5,8 mmol/l (Table).

Discussion

Molecule of 2,3-Dimercaptopropanol (C₃H₈OS₂ m.m. 124,22) contains two SH-groups. It is known that some metals (Me) as mercury, arsenic, cadmium, lead, zinc interacted with chemicals contains SH-groups and formed stable cyclic mercaptide:

$$R \stackrel{\text{SH}}{\underset{\text{SH}}{\longleftarrow}} + Me^{2+} \longrightarrow R \stackrel{\text{S}}{\underset{\text{S}}{\longleftarrow}} Me + 2H^{+}$$

As bivalent metal Zn⁺²-ions interacts with 2 SH-groups of molecule of 2,3-Dimercaptopropanol with forming of cyclic mercaptide which are more stable in compared with some chelat active chemicals. It is known that 2,3-Dimercaptopropanol is able to destroy complexes previously formed with chelators accompanied by replace atom of chelator from complex [2].

Thus, obtained results showed that 2,3-Dimercaptopropanol protect B-cells of destruction caused by Dithizon and of developing of diabetes. Investigation of interaction in B-cells between Zn^{+2} -ions and 2,3-Dimercaptopropanol evidently showed that DMT protect B-cells of formation of toxic Dithizon- Zn^{+2} complex by interseption of Zn^{+2} -ions and forming new complex DMT- Zn^{+2} .

References

- 1 Торчинский Ю.М. Сульфгидрильные и дисульфидные группы белков. М.: Наука, 1971. 229 с.
- 2 http://www.nnre.ru/biohimija/jady_i_protivojadija/p5.php
- 3 *Красавин И.А., Бавельский З.Е., Лазарис Я.А., Дзиомко В.М.* Гистохимические реакции на цинк в островках Лангерганса и диабетогенная активность реагентов, используемых для этих целей // Проблемы эндокринологии. М., 1969. № 3. С. 102–105.
- 4 *Meyramov G.G., Meyramova R.G.* The High Specific Fluorescent Method Revealing of Zn-ions in Pancreatic B-cells // Diabetes, a journal of American Diabetes Association. 1991. No. 6, Vol. 40. P. 65.

- 5 Kvistberg D., Lester G., Lasarov A. Staining of insulin with aldehyde fucshin // J. Histochem. Cytochem. 1966. Vol. 14. P. 609–611.
- 6 Ortman R., Forbes W., Balasubramanian A. Concerning the staining properties of aldehyde basic fucshin // J. Histochem. 1966. Vol. 14. P. 104–111.
- 7 Greenwell M.V., Nettleton G.S., Feldhaff R.C. An investigation of Aldehyde Fuchsin staining of unoxidised insulin // Histochemistry. 1983. Vol. 77. P. 473–483.

Ғ.Ғ.Мейрамов, К.-Д.Конерт, Л.Фогт, З.Т.Қыстаубаева, Г.М.Тыкежанова, Г.Т.Түсіпбекова, Ф.А.Миндубаева, Г.Ө.Жүзбаева, А.Ж.Шайбек, Ж.Ж.Жұмағалиева, С.С.Тыржанова, К.А.Жұмашева, А.Қайбоғарова

Диабетогенді мырыш байланыстырушы қосылыстармен туындайтын панкреатит В-жасушаларының бұзылуын болдырмауда 2,3-димеркаптопропанолдың қабілеті туралы

2,3-Димеркаптопропанол өзінің молекулалық құрамында екі сульфгидрильді топ (SH-топ) болуымен, сульфгидрильді фермент тобы реактиватор ретінде белгілі және оның SH-тобы арқылы байланысатын ауыр металдармен уақытша кешен түзуге бейімді. Сонымен қатар құрамында SH-тобы бар L-гистидин және цистеин аминқышқылдары В-жасушаларының Zn⁺² ионымен уақытша байланыстыруға бейімді, осылайша диабетогенді мырыш байланыстырушы қосылыстармен өзара әрекетіне және жойылуын болдырмауға әрекет етеді. Авторлар көрсеткендей, жануарларға 2,3-димеркаптопропанол 60 және 120 мг/кг мөлшерде енгізу В-жасушалардағы мырышты толық тосқауылдатады. 2,3-Димеркаптопропанол превентивті әрекеті оның құрамында сульфгидрильді топ молекулаларының бар болуымен сипатталады деген қорытынды жасалды.

Г.Г.Мейрамов, К.-Д.Конерт, Л.Фогт, З.Т.Кыстаубаева, Г.М.Тыкежанова, Г.Т.Тусупбекова, Ф.А.Миндубаева, Г.О.Жузбаева, А.Ж.Шайбек, Ж.Ж.Жумагалиева, С.С.Тыржанова, К.А.Жумашева, А.Кайбогарова

О способности 2,3-димеркаптопропанола предотвращать разрушение панкреатических В-клеток, вызываемое диабетогенными цинксвязывающими соединениями

2,3-Димеркаптопропанол является веществом, способным реактивировать сульфгидрильные группы ферментов и обладает свойством формировать временные комплексы с металлами, включая цинк. Известно также, что некоторые аминокислоты, в частности, цистеин и глютатион также содержат в составе своей молекулы SH-группы. Эти аминокислоты при парентеральном введении предотвращают развитие экспериментального сахарного диабета, вызываемого цинксвязывающими диабетогенными веществами. Доказано, что этот эффект обусловлен их способностью формировать нетоксичные временные комплексы с цинком В-клеток панкреатических островков, защищая их таким образом от разрушающего воздействия диабетогенных хелатообразователей. Авторами показано, что 2,3-димеркаптопропанол в дозах 60 и 120 мг/кг способен предотвращать развитие диабета почти у всех опытных животных. Авторами установлено, что эта способность 2,3-димеркаптопропанола обусловлена его свойством через SH-группы, входящие в его состав, формировать нетоксичные комплексы с цинком панкреатических В-клеток, препятствуя этим повреждающему действию диабетогенных цинксвязывающих веществ.

References

- 1 Torchinsky Yu.M. Sulfhydrile and disulfide groups of proteins, Moscow: Nauka, 1971, 229 p.
- 2 http://www.nnre.ru/biohimija/jady_i_protivojadija/p5.php
- 3 Krasavin I.A., Bavelsky S.E., Lazaris Y.A., Dziomko V.M. Problems of Endocrinology, Moscow, 1969, 3, p. 102-105.
- 4 Meyramov G.G., Meyramova R.G. Diabetes, a journal of American Diabetes Association, 1991, 6, 40, p. 65.
- 5 Kvistberg D., Lester G., Lasarov A. J. Histochem. Cytochem., 1966, 14, p. 609-611.
- 6 Ortman R., Forbes W., Balasubramanian A. J. Histochem., 1966, 14, p. 104-111.
- 7 Greenwell M.V., Nettleton G.S., Feldhaff R.C. Histochemistry, 1983, 77, p. 473-483.

ABOUT THE AUTHORS

Abdraimova-Meyramova, A.G. — Cand. med. sci., Associate professor, Karaganda State Medical University.

Abdulina, G.A. — Cand. med. sci., Associate professor, Karaganda State Medical University.

Aitkulov, A.M. — Cand. biol. sci., Associate professor, Ye.A.Buketov Karaganda State University.

Akhmetova, S.B. — Cand. med. sci., Associate professor, Karaganda State Medical University.

Alina, A.R. — Cand. med. sci., Associate professor, Karaganda State Medical University.

Amirkhanova, D.T. — Cand. med. sci., Associate professor, Karaganda State Medical University.

Augstein, P. — Institute of Diabetes «Gerhardt Katsch», Karlsburg, Germany.

Beskov, M.N. — Cand. med. sci., Associate professor, Karaganda State Medical University.

Bystrevska, L.K. — Cand. med. sci., Associate professor, Karaganda State Medical University.

Chlup, R. — Prof., Dr. med. habil, CSc., Dept. of Physiology and IInd Dept. of Medicine, Faculty of Medicine and Dentistry, Palacky University and Teaching Hospital Olomouc, Czech Republic.

Dupont, O.-N. — Scientist, Bloomington, USA.

Freyse, E.-J. — Institute of Diabetes «Gerhardt Katsch», Karlsburg, Germany.

Heinke, P. — Institute of Diabetes «Gerhardt Katsch», Karlsburg, Germany.

Kaibogarova, A. — Master of biology, Karaganda State Medical University.

Kikimbaeva, A.A. — BD, Prof., Astana Medical University.

Kohnert, K.-D. — Prof., MD, Ph.D., Clinical Consultant, Institute of Diabetes «Gerhardt Katsch», Karlsburg, Germany.

Kohnert, L. — Institute of Health Economics and Health Care Management, Hochschule Neubrandenburg, Neubrandenburg, Germany.

Kovalenko, O.L. — Cand. biol. sci., Associate professor, Ye.A.Buketov Karaganda State University.

Kudratova, N.A. — Cand. med. sci., Professor, Tashkent Medical Academy.

Kystaubaeva, Z.T. — Cand. biol. sci., Associate professor, Ye.A.Buketov Karaganda State University.

Laryushina, Ye.M. — Cand. med. sci., Associate professor, Karaganda State Medical University.

Meyramov, G.G. — MD, Prof., Ye.A.Buketov Karaganda State University.

Mindubaeva, F.A. — MD, Prof., Karaganda State Medical University.

Najmutdinova, **D.K.** — MD, Prof., Tashkent Medical Academy.

Rackow, C. — Institute of Diabetes «Gerhardt Katsch», Karlsburg, Germany.

Salzsieder, E. — Dr, Institute of Diabetes «Gerhardt Katsch», Karlsburg, Germany.

Shaybek, A.Zh. — Master of biology, Ye.A.Buketov Karaganda State University.

Turgunova L.G. — MD, Prof., Karaganda State Medical University.

Turmuchambetova, A.A. — MD, Karaganda State Medical University.

Tusupbekova, G.T. — Cand. med. sci., Associate professor, Pavlodar Innovative University.

Tyke zhanova, G.M. — Cand. biol. sci., Associate professor, Ye.A.Buketov Karaganda State University.

Tyrzhanova, S.S. — Master of biology, Ye.A.Buketov Karaganda State University.

Vasilyeva, N.V. — Cand. med. sci., Associate professor, Karaganda State Medical University.

Vogt, L. — PhD, Diabetes Service Center, Karlsburg, Germany.

Vogt, R. — Dr, Institute of Diabetes «Gerhardt Katsch», Karlsburg, Germany.

Zhakupova, **A.E.** — Intern, Karaganda State Medical University.

Preface

Diabetes mellitus is a severe disease, and its prevalence is dramatically increasing world-wide. The complications associated with the disease include cardiovascular disease, blindness, amputations, end-stage renal disease, kidney dialysis, and kidney transplantations and present major public-health problems. Furthermore, diabetes costs are exceeding meanwhile billions of dollars annually and put tremendous burden on national health care systems. Recent years have seen a significant progress in basic knowledge on diabetes due to enormous research efforts, making possible the development of new technology and therapeutics for diabetes management and care.

It was just diabetes research, when Dr. G. A. Meyramov from the Karaganda State University joined me in 1977 in Karlsburg and started out to study how tryptophan metabolites could induce diabetes in animals. Since then we look back on a very fruitful cooperation between the Karaganda State University and the Institute of Diabetes Karlsburg.

It was a landmark decision of the Faculty of Biology of the University and the Publishing House of this journal to issue a volume focusing on problems in diabetes. Of note, this is the first time in the history of Kazakhstan and Central Asia that there is a special issue of this distinguished journal, exclusively devoted to diabetes research. The Editors of this journal, by inviting contributions from international as well as national diabetes experts, made an important step in enhancing and disseminating knowledge about diabetes but, beyond that, lay emphasis on care and management of diabetes in Kazakhstan.

We trust that readers will welcome the present issue and benefit from the contributions herein provided by experts in the field.



Prof. Klaus-Dieter Kohnert, MD, PhD Institute of Diabetes "Gerhardt Katsch", Karlsburg, Germany



Prof. Gabit G. Meyramov, MD, PhD Karaganda State University, Karaganda, Kazakhstan